

2001 California Dietary Practices Survey

Table 74: Participation Any Physical Activity in the Past Month

Question: *During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?*

	Percent Participating in Any Physical Activity
Total	72
Sex	
Males	74
Females	70
Males	
18 - 24	81 **
25 - 34	82
35 - 50	71
51 - 64	64
65+	70
Females	
18 - 24	68
25 - 34	75
35 - 50	71
51 - 64	67
65+	67
Ethnicity	
White	78 ***
Hispanic	60
Black	61
Asian/ Pacific Islander	68
Education	
Less than high school	52 ***
High school graduate	63
Some college	74
College graduate	84
Income	
Less than \$15,000	60 ***
\$15,000 - 24,999	63
\$25,000 - 34,999	74
\$35,000 - 49,999	81
\$50,000+	87
Overweight Status	
Overweight/Obese	71
Not overweight	74

A box around a group of numbers signifies that differences observed within this group are statistically significant (Chi Square Test)

Chi Square Test:

** p<.01

*** p<.001